## The Seeker and the Monk

## **Meet Sophfronia Scott**



Sophfronia Scott grew up in Lorain, Ohio, where her father was a Mississippi-born steelworker who never learned how to read and her mother was a stay-at-home mom who always made sure there were books in the house. She holds a BA in English from Harvard and an MFA in writing from Vermont College of Fine Arts.

Sophfronia spent a big chunk of her career as a writer and editor for *Time* and *People* where she developed a distinct style creating order out of would-be chaos by whittling facts and ideas into a cohesive form. She co-authored (with David Gross) the groundbreaking 1990 Time Magazine cover story "Twentysomething," the first serious study identifying the demographic group known as Generation X.

When Sophfronia's first novel, *All I Need to Get By*, was published by St. Martin's Press in 2004 Sophfronia was nominated for best new author at the African American Literary Awards and hailed by Professor Henry Louis Gates, Jr. as "potentially one of the best writers of her generation." Her essays, short stories, and articles have appeared in *Killens Review of Arts & Letters, Saranac Review, Numéro Cinq, Ruminate, Barnstorm Literary Journal, Sleet Magazine, NewYorkTimes.com, More,* and *O, The Oprah Magazine*. She's completed her second novel and a collection of essays.

She was born in 1966, eighteen years after her "co-author's" untimely death.

## What others are saying:

"This book is a marvelous journey that teaches us how to walk into the life of another while opening up new paths into our own life. The unlikely companionship of this African American woman writer and a white Catholic monk is one that few readers ... will ever forget."

